

# Sphenopalatine Ganglion Block Procedure Instructions

If you have any questions or concerns about the procedure; or if you need to change your appointment date or time, please call 801-294-7246.

## BEFORE THE PROCEDURE:

- You should not be congested or sick at time of appointment
- Advise physician if you have any medication allergies.

## AFTER THE PROCEDURE:

You may stay in the office and rest quietly until you feel well enough to leave. For some people, this is 10 minutes; for others, it can be longer.

You may experience the following conditions lasting three to four hours:

- Light-headedness caused by a drop in blood pressure
- You may experience onset of headache which should subside in 2-4 hours
- You may feel numbness or difficulty swallowing following procedure.

These conditions usually begin within the first hour after the procedure.

**All procedures are performed at our Bountiful location**

1551 Renaissance Towne Drive Suite 460

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