

Radiofrequency Ablation (RFA) Procedure Instructions

If you have any questions or concerns about the procedure, or if you need to change your appointment date or time, please call 801-294-7246.

BEFORE THE PROCEDURE:

- No food 8 hours prior to procedure, you may have water up to 3 hours prior to procedure.
- You must have a driver.
- Discontinue all blood thinners including High dose Aspirin as directed by Physician.
- You may not have an active infection or be taking any Antibiotics.
- Advise physician if you have any medication allergies.

AFTER THE PROCEDURE:

You may stay in the office and rest quietly until you feel well enough to leave. For some people, this is 30 minutes; for others, it can be longer.

You may experience the following conditions lasting 6 to 8 hours:

- Numbness, tingling or weakness in your extremities
- Light-headedness caused by a drop in blood pressure.

The injected area may be numb for 24 hours, and the site may be sore for up to one week. You may get a bruise at the injection site.

Pain may increase for 2-4 weeks following RFA. Pain will return to regular pain levels between 4-8 weeks following RFA. You should start to feel pain relief at 8-10 weeks following RFA.

All procedures are performed at our Bountiful location
1551 Renaissance Towne Drive Suite 460
Bountiful, Utah 84010