

Use of Gabapentin (Neurontin™) Slow Track

Use

In the Pain Clinic, Neurontin is used to help decrease activity in over stimulated nerves, thus decreasing pain sensation. In other clinical settings it may be used to help people with seizure disorders.

Instructions

- Follow this schedule until you reach your target dosage of 600 milligrams (mg) 3 times daily, then stay at that dose.
- If you feel pain-free before you reach your target dosage, stay at that dosage.
- Do not stop taking this medication unless told to do so by your physician.
- If you miss a dose, take it as soon as you can. However, if it is less than one hour before your next dose, skip the missed dose and then follow your regular schedule.

Gabapentin Side effects

Overall, most people tolerate Neurontin well. However, side effects may include the following symptoms, most of which may be minimized by adjusting the dose slowly, as described in the medication schedules shown here.

More common

- Dizziness
- Fatigue
- Itching
- Dry mouth

Less common

- Depression
- Memory loss
- Irritability or other mood and mental changes

Rare

- Fever
- Chills
- Cough
- Lower back or side pain
- Painful or difficult urination

Overdose symptoms

- Double vision
- Slurred speech
- Severe dizziness
- Severe diarrhea

This is a partial list of side effects you may experience with this medication. If you experience side effects or have questions about this medication or this information, contact your local physician or your pain clinic physician or nurse.

DAY	1	2	3	4	5	6	7
DATE							
Morning	—	—	100 mg	100 mg	100 mg	100 mg	100 mg
Noon	—	—	—	—	100 mg	100 mg	100 mg
Night	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg	200 mg
DAY	8	9	10	11	12	13	14
DATE							
Morning	100 mg	200 mg	200 mg	200 mg	200 mg	200 mg	200 mg
Noon	100 mg	100 mg	100 mg	200 mg	200 mg	200 mg	200 mg
Night	200 mg	200 mg	200 mg	200 mg	200 mg	300 mg	300 mg
DAY	15	16	17	18	19	20	21
DATE							
Morning	300 mg	300 mg	300 mg	300 mg	300 mg	300 mg	400 mg
Noon	200 mg	200 mg	300 mg	300 mg	300 mg	300 mg	300 mg
Night	300 mg	300 mg	300 mg	300 mg	400 mg	400 mg	400 mg
DAY	22	23	24	25	26	27	28
DATE							
Morning	400 mg	400 mg	400 mg	400 mg	400 mg	500 mg	500 mg
Noon	300 mg	400 mg	400 mg	400 mg	400 mg	400 mg	400 mg
Night	400 mg	400 mg	400 mg	500 mg	500 mg	500 mg	500 mg
DAY	29	30	31	32	33	34	35
DATE							
Morning	500 mg	500 mg	500 mg	500 mg	600 mg	600 mg	600 mg
Noon	500 mg	500 mg	500 mg	500 mg	500 mg	500 mg	600 mg
Night	500 mg	500 mg	600 mg	600 mg	600 mg	600 mg	600 mg

After day 35, continue taking 600 mg three times daily